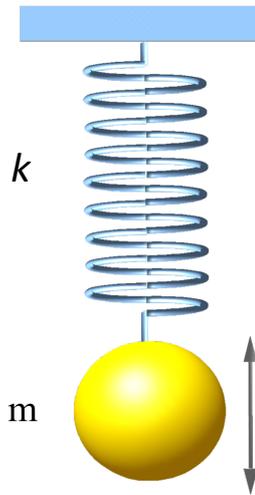


### 6.3.1 Applications of simple harmonic motion

#### The spring pendulum



There are two factors that affect the period of oscillation of a mass-spring system - the spring constant ('stiffness' of the spring)  $k$  and the mass  $m$ .



videos

Have a go at changing each in the following simulation:

<https://tinyurl.com/yy9atno9>

(1) ✎ How would the period change if you increased the spring constant?

(2) ✎ How would the period change if you increased the mass?

Provided the spring is not stretched beyond its elastic limit it will obey Hooke's Law:

$$F = -kx$$

The minus sign is there because the restoring force  $F$  is always in the opposite direction to the displacement (from equilibrium).

(3) ✎ Using  $F=ma$ , substitute for  $F$  in the equation, above, and rearrange to make  $x$  the subject.

We know that the mass-spring system will oscillate with SHM, and a defining feature of SHM is:

$$a = -(2\pi f)^2 x,$$

where  $A$  is the amplitude,  $x$  is the displacement and  $f$  is the frequency.

(4) ✎ Substitute for  $x$ , using the previous equation and rearrange this equation to make  $f$  the subject.

(5) ✎ The period  $T = \frac{1}{f}$ . Substitute for  $f$  and rewrite the equation to make  $T$  the subject.

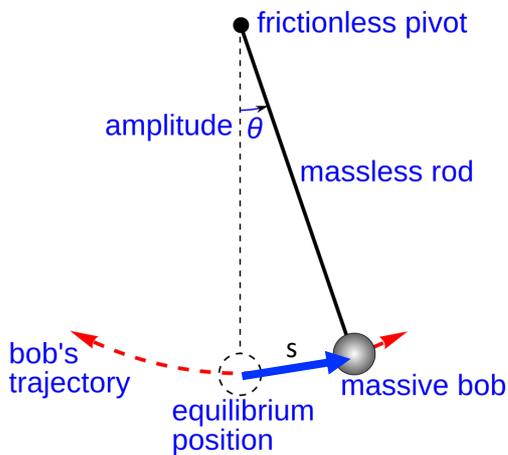
You should have found the period of the spring pendulum is given by:

$$T = 2\pi\sqrt{\frac{m}{k}}$$

(6) *How would you show experimentally that this relationship is correct?*

### The Simple pendulum

There are two factors that affect the period of a pendulum; the length of the pendulum  $l$  and the gravitational field strength  $g$ .



The period of a pendulum is given by:

$$T = 2\pi\sqrt{\frac{l}{g}}$$

Systems will oscillate with SHM if the restoring force is proportional to the displacement from the equilibrium position.

(7) *For a pendulum, where does the restoring force come from?*

(Note: This is tricky.)

(8) *Show that for small angles (Hint: use small angle approximation), the restoring force is proportional to the displacement  $s$ .*